NOTE 3 Mile Race

 **ROYAL / CADET 3M CROSS COUNTRY INVITATIONAL**

 **SEPTEMBER 8, 2018**

**CO-HOSTS: ROSARY HIGH SCHOOL MARMION ACADEMY**

 **901 N. EDGELAWN 1000 BUTTERFIELD RD**

 **AURORA, IL 60506 AURORA, IL 60504**

**DATE: SATURDAY, SEPTEMBER 8, 2018**

**PLACE: MARMION ACADEMY**

**COMPETING SCHOOLS:** , **Bene**t Academy (girls), Geneva, **Gle**nbard East, IMSA, Lincolnway-East (boys), **M**armion (boys), **Oa**k Park (girls), Rosary (girls), **St. Edward** , **Wes**t Aurora (girls), **Whe**aton Academy,

**ENTRIES: REGISTRATION OF RUNNERS BY 5:00 p.m. TUESDAY, SEPTEMBER 4 to Carol Bell at Athletic.net**

**Please enter a complete roster for boys and another for girls. If you have a problem contact Carol Bell at 630 292-5779 cell.**

**Chip timing and scoring will be used. Please enter a complete roster for boys and another for girls.**

**Entry fee is $200.00 for co-ed or $100.00 if entering boys or girls only. Send and make checks payable to Rosary H.S. Payments should be received by September 6.**

**STARTING BOXES:** The box system will be used with the team boxes assigned by the meet manager.

**FINISH:** A boys’ chute and a girls’ chute will be used.

Also, as each runner finishes the race, he/she will receive a back-up place number. The runner should give the place card to his/her coach. The coach will write the name and places of his/her runner on the outside of the envelope provided, in the order that they finished, and turn in the place cards with the envelope to the meet officials at the scoring table. A PROMPT RETURN OF TEAM RESULTS WILL FACILITATE QUICKER MEET RESULTS.

Return all chips in the envelope you received them in within 15 minutes of the conclusion of the meet. You will be billed for any missing chips - $20 per chip.

**AWARDS:** Team trophies will be awarded to first, second and third teams in the Boys Varsity Run, Boys Frosh/Soph Run, Girls Varsity Run, Girls Frosh/Soph Run.

Individual awards will be given to the first 25 runners to finish in the Boys Varsity Run, Boys Frosh/Soph Run, Girls Varsity Run, Girls Frosh/Soph Run (1-10 trophies, 11-25 neck ribbon/medal)

 SCHEDULE

8:00 a.m. Course open for tours

 9:00 a.m. Varsity Boys Unlimited entries

 9:40 a.m. Varsity Girls Unlimited entries

 10:20 a.m. FS Boys Unlimited entries

 11:05 a.m. FS Girls Unlimited entries

**GENERAL INFORMATION:**

***RACES WILL START at 9:00 AM***

1. **Use Marmion main entrance. Upon arrival drop athletes off at the designated area and have the bus driver park in main lot by the tennis courts.**

**2. Coaches should check in with the Meet Manager at the Scorer's table to receive an envelope with**

 **Last minute instructions.**

**3. A chip is provided for each participant. Also a bib will be provided that should be pinned on the**

 **front of their jersey.**

**4. Contestants must wear a regulation track uniform and running shoes. Spiked shoes are permitted.**

**5. Tour of course will begin at 8:00 a.m. First 2miles of course marked in white, 3rd mile to chute in**

 **yellow.**

**6. Races are: Varsity Boys, Varsity Girls, F/S Boys, F/S Girls. All races are unlimited entries. A**

 **person may not participate in more than one race.**

**7. Rosary and Marmion will take all reasonable precautions, but we cannot be responsible for any**

 **accidents.**

**8. Concessions will be available. Washroom facilities will also be available. Please respect Marmion's**

 **property. NO ONE IS ALLOWED ON THE ABBEY PROPERTY.**

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 AWARD CEREMONY - After Results completed

 ALL TIMES ARE APPROXIMATE STARTS / We will move up if time allows.

Any questions call Mary Lou Kunold at 630 896-0831 ex 225 or e-mail mkunold@rosaryhs.com

RESULTS WILL BE AVAILABLE AT THE COMPLETION OF AWARDS.

Athletic Trainers will be available.